

Spiritual Sphere Life Goals Worksheet

Jesus is the most important focus within the Spiritual Sphere, because He is the Center of Christianity. To develop your Spiritual Life you must have a god that you have chosen to worship.

There is only one true God, but many false gods. Jesus is the One who came to this world to reveal both the True God and the false ones. This worksheet is developed to assist you in Choosing Heavenly Father and His Son, Jesus, and the Holy Spirit to be the Center of your Spiritual Life.

What activities and behaviors work within the Spiritual Sphere of Life?

Time is the most Valuable Resource that we have.

In order to become a friend with someone, it is important to spend time with that person. Look at this list of Activities that require an investment of Time.

List at least one Time Goal for each item in the list:
(Be specific. For instance: Read 3 chapters every morning when I first get up, before breakfast.)

>Bible Reading

>Prayer

>Quiet time/Silence

>Nature

>Community

>Journaling

To develop a **Friendship** it is also important to learn to like the things that the other person likes.

List your Action Goals to work on your friendship with Jesus.
Be as specific as possible.

>What is God's goal for you?

>Bible Study

>Sermons

>Fellowship with Friends of Jesus

Get to Know Jesus

To find out more about a new friend, read what he or she has published: books, articles, Facebook
Find out what His friends have to say about Him.

List your Action Goals to accomplish this.
Be as specific as possible.

>Memorize Bible passages

>Devotional Material

>Sermons

> _____

> _____

Personal Changes/Self-evaluation

Try to see yourself as others see you. This will help you find areas of your life, personality, choices, behaviors, attitudes that are unattractive to the new friend.

What changes will you need to make in yourself to become a more attractive friend?

Goals:

1. _____

2. _____

3. _____

4. _____

Fellowship

Friends of Jesus are critical in the Spiritual Sphere. They are the face and hands of Jesus on this earth. They are also important in maintaining the commitment to have a Spiritual Friendship with Jesus.

How will you create opportunities for developing your Fellowship needs?

List your Action Goals to accomplish this.
Be as specific as possible.

>Church group membership and attendance

>Group Bible study and discussion

> _____

> _____

Discipleship is an important skill within the Spiritual Sphere. This list suggests some actions that help you become a disciple.

List your Action Goals to accomplish this.

>Ministry

>Place of Service to others

>Outreach

>Mentoring

>Charities

Spiritual Growth occurs as your knowledge of Jesus and Heavenly Father increases. Here are some events that will help you grow.

List your Action Goals to accomplish this.

>Church attendance

>Retreats

>Evangelistic meetings

>Reading/Study

>Tithes and Offerings

>Mission trips/outreach

>Giving Bible Studies